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icc.edu/cce
Melissa Grunow is the author of I Don’t Belong Here: Essays and the four-time award-winning memoir, Realizing River City. Her work has appeared in Brevity, River Teeth, The Nervous Breakdown, Two Hawks Quarterly, New Plains Review, and Blue Lyra Review, among many others. Her essays have been nominated for a Pushcart Prize and Best of the Net, as well as listed in the Best American Essays notables 2016, 2018, 2019, and 2021. She is an associate professor of English at Illinois Central College. Visit melissagrunow.com for more information.

INSPIRATION IS EVERYWHERE, SO LET’S WRITE!

Have you always wanted to tell a story about your life but didn’t know where to start? This workshop will introduce you to the fundamentals of memoir writing, including key terms and elements of writing craft. We’ll try a variety of writing prompts so you can generate some early material and leave with the tools and inspiration you need to write the rest of your story.

Cost: $25

Thursday, February 17
6:00pm - 8:00pm

Thursday, March 24
6:00pm - 8:00pm

Thursday, April 14
6:00pm - 8:00pm

East Peoria Campus, 311A
Aaron earned his Ph.D. in philosophy and religion from the University of Dayton, and his MA in philosophy from the University of Oklahoma. He taught in Ohio for several years before coming to ICC in 2015. In addition to questions of meaning, he is most interested in ethics and philosophy of religion. He has published academic work on the 20th-century philosopher Ludwig Wittgenstein, the medieval philosopher and theologian Thomas Aquinas, and on virtue ethics.

PHILOSOPHERS THINK ABOUT LIFE’S MEANING
Does life have a meaning? Many people wonder if it does. Maybe you do, too. We’ll look at just a few ways that philosophers have answered the questions of life’s meaning.

Cost: $20

Tuesday, February 8
6:00pm - 7:30pm
Peoria Campus, Hickory Hall 108

Tuesday, February 22
6:00pm – 7:30pm
Peoria Campus, Hickory Hall 108

Dr. Rafeeq Al-Hashemi is a Ph.D. holder in Computer Science. He is also certified in Cisco Networking and Security+. Dr. Al-Hashemi’s passion is teaching. He has eighteen years of experience in the classroom, instructing a wide variety of computer science subjects, including Cyber Security, Artificial Intelligence, and Secure Software. He has been recognized as a Cybersecurity Champion by the NCSA. Dr. Al-Hashemi is a senior member of the Institute of Electrical and Electronics Engineers (IEEE) and has published many well-received research papers in notable peer-reviewed journals.

CYBERSECURITY AWARENESS TRAINING: IF YOU CONNECT IT PROTECT IT
Cyberattacks are on the rise. In 2018, hackers stole half a billion personal records. This workshop will introduce you to:

- The most common cyber threats
- The different types of cyber attacks
- Malicious software
- Countermeasures you can put in place to mitigate these risks
- How to cyber-secure your smart home
- Be Cyber Smart and join us to learn more about best practices and how to be safe and protected online.

Recommended reading: On Writing and Publishing Your Book: A How-To Guide by Joe Chianakas. This is an optional, but we will reference the book during the semester.

Cost: $25

Wednesday, February 23
6:00pm - 8:00pm
Peoria Campus, Hickory Hall 105

Joe Chianakas, professor of communication, has now published ten different books. From self-publishing to traditional publishing, Joe has multiple experiences to offer. He currently has a literary agent and signed two new book deals with a traditional publisher in 2021. His most popular novels include Rabbit in Red, Looking for Derek, and Singlets and Secrets. Learn more at www.joechianakas.com or facebook.com/chianakas.

HOW TO PUBLISH YOUR BOOK
If you have written a book or are thinking of writing a book, this seminar will help guide you through various publishing options. From self-publishing to traditional publishers to querying literary agents, this workshop will provide pros/cons and strategies for each. There will be time for a general Q&A on anything from writing to publishing.

Recommended reading: On Writing and Publishing Your Book: A How-To Guide by Joe Chianakas. This is an optional, but we will reference the book during the semester.

Cost: $10

Wednesday, February 23
6:00pm - 7:30pm
Zoom
BOOK FOLDING

There is a way to take an old book and turn it into a piece of art! How? Book folding!! Create your own masterpiece by learning how to design, fold, and cut pages of a hard-cover book. If you’re familiar with relief sculptures, you’ll appreciate the technique of book folding. It’s an art medium that is truly unique and will make a great gift or discussion piece for any room.

Supplies: pencil, ruler, one hardcover 300-305 page book

Instructor: Andre Ware
Cost: $25

Wednesday, March 23
6:00pm - 8:00pm
or
Wednesday, April 13
6:00pm - 8:00pm
Peoria Campus, Hickory Hall 105

HEALTHY HOME WORKSHOP SERIES

Have you been wanting to switch to more natural options at home, but aren’t sure where to start? Perhaps you are worried about being overwhelmed, wasting a bunch of money on expensive products, or not having time to keep up with it?

This workshop series is designed to walk you through your home room-by-room, giving you simple ideas for swapping out products you already use with a more natural option. We will cover the simplest of changes you can try right away, some middle-of-the-road ideas that you can try over time, and we will cover some things to keep in mind as you make bigger purchases in the future such as new flooring, pans, etc.

MAKE AND TAKE: WHIP SOMETHING UP AT HOME

We will have materials available for one make-and-take DIY item in each class so you can see just how easy it can be to whip up a few basic personal care or cleaning products at home. We provide the containers, recipes, ingredients, and beautiful labels (designed by a local artist). If you love it, you can continue to make it at home. All you have to do is refill the bottle! Each recipe can be mixed in 30 seconds or less.

WORKSHOP 1: HEALTHY KITCHEN

Topics: Cleaning, Food Storage, & Cookware.

Instructor: Joyce Day
Cost: $30

Tuesday, February 1
6:00pm - 7:30pm
Peoria Campus, Hickory Hall 106

WORKSHOP 2: MORE NATURAL IN THE BATHROOM

Topics: Cleaning & Personal Care Products.

Instructor: Joyce Day
Cost: $30

Tuesday, March 8
6:00pm - 7:30pm
Peoria Campus, Hickory Hall 106

WORKSHOP 3: COZY, COMFORTABLE (AND HEALTHY) LIVING AREAS

Topics: Laundry, Living Rooms, Bedrooms, & More.

Instructor: Joyce Day
Cost: $30

Tuesday, April 5
6:00pm - 7:30pm
Peoria Campus, Hickory Hall 106

STARTING SEEDS AT HOME

A horticulturist will cover saving and collecting seeds, storing seeds, ordering from catalogs, and then germinating them at home. You will be able to take seeds home just in time for starting some spring transplants.

Instructor: Ella Maxwell
Cost: $25

Monday, February 21
6:00pm - 8:00pm
Peoria Campus, Hickory Hall 105

MARCH: BEST TIME TO PRUNE

Learn the different tools and best times to prune your trees and shrubs. We will discuss deadheading, rejuvenation and renewal pruning, thinning, and the dangers of topping. Bring questions for a lively discussion and printed pictures of your pruning projects for advice.

Instructor: Ella Maxwell
Cost: $25

Saturday, March 19
10:00am - 12:00pm
Peoria Campus, Hickory Hall 105
PERSONAL FINANCES

HOW TO BUY A HOUSE
Buying your first house can seem a little overwhelming. This seminar will provide the basic information you need to buy a house, with special attention given to the first-time buyer. The complete process will be covered, including getting (and staying) preapproved for a loan, searching for the right house, negotiating a contract, earnest money, inspections, appraisals, disclosures, and closing on the house.

Instructor: Greg McCoy
Cost: $25

Saturday, March 12
10:00am - 12:00pm
Peoria Campus, Hickory Hall 105

HOW TO SELL YOUR HOUSE
Whether you are thinking about downsizing or just looking for a change of address, this seminar will provide the basic information needed to sell your current house. Topics covered include the best and worse times to sell, understanding the market, determining a reasonable listing price, advertising, disclosures, showings, negotiating a contract, inspections, appraisals, problems that can arise, and closing on the house.

Instructor: Greg McCoy
Cost: $25

Saturday, March 19
10:00am - 12:00pm
Peoria Campus, Hickory Hall 105

LANDLORDING 101
Consider real estate investment as an avenue to earn extra income or pursue a new form of employment. Gain the knowledge you need to become a landlord in this class. Explore the basics of flipping houses and estimating construction costs. Learn how to manage rentals and approach lenders. Leave class with the confidence to find investment opportunities that can lead to greater financial independence.

Instructor: Ryan Curtis
Cost: $50

Tuesday, May 10 & Thursday, May 12
6:00pm - 9:00pm
Peoria Campus, Hickory Hall 105

WEALTH CREATION TODAY
Nearly every successful professional could benefit from increased financial fluency. This personal finance course for professionals ages 35-50 uses a comprehensive, unbiased approach to deliver rewards over a lifetime. Topics will include life and wealth planning, barriers to wealth accumulation, tax-advantaged investment vehicles, managing family finances, and investment strategies. A spouse or guest may attend at no additional charge.

Instructors: Jay Goldstein, Whitney Goldstein
Cost: $50

Tuesday, March 22 & March 29
or
Thursday, March 24 & March 31
6:30pm - 8:30pm
Peoria Campus, Hickory Hall 105

RETIREMENT PLANNING TODAY
This class explains how to keep more of what you earn and make your money work harder for you. Whether you are just beginning to develop a retirement plan, or you are rapidly approaching retirement, you should enroll in this course. You will learn how to define long-term goals and gain practical information you can apply immediately. The course includes a 224-page illustrated textbook. A spouse or guest may attend at no additional charge.

Instructors: Jay Goldstein, Jeffrey Bailey, Jayme Bailey
Cost: $50

Tuesday, February 15 & February 22
or
Thursday, February 17 & February 24
6:30pm - 8:30pm
Peoria Campus, Hickory Hall 131

WHO NEEDS ESTATE PLANNING?
Regardless of your net worth, estate planning can be beneficial to you. All of us want to have a say in where our assets end up. After all, we have worked hard to earn them! Not all assets are treated equally when it comes to taxes, especially if they are passed on to a beneficiary.

Join us as we discuss the pros and cons of different estate plans and how you can avoid costly mistakes. We will cover tax rates, wills, gifting, and the Tax Cuts and Jobs Act changes and how they can affect your estate plan.

Instructor: Daryl R. Dagit
Cost: $25

Wednesday, March 16
6:00pm - 8:00pm
Peoria Campus, Hickory Hall 105
THE INSTITUTE FOR FINANCIAL EDUCATION WORKSHOPS

The Institute for Financial Education is a nonprofit organization dedicated to providing financial literacy by bringing educational resources directly to the public.

TAX PLANNING IN 2022 - KEY STRATEGIES TO RETIRING IN TODAY’S ECONOMY
- Taxes in retirement
- Investing in 2022
- Retirement income
- Mitigating risk
- IRAs - How to take back control of your money

Instructor: Tyler Wrezinski
Cost: Free

■ Tuesday, January 18
6:00pm - 7:00pm
Online Class

FINANCIAL FITNESS
- Cash flow management
- Basics of tax planning
- Creating a financial road map
- Introduction to estate planning
- Overcoming obstacles to creating wealth

Instructor: Tyler Wrezinski
Cost: Free

■ Tuesday, February 8
6:00pm - 7:00pm
Online Class

FEDERAL BENEFITS 101
- Why and what federal employees need to plan for
- Basic options for insurance
- How to calculate my pension
- Retirement eligibility guidelines
- Common mistakes made in the TSP

Instructor: Tyler Wrezinski
Cost: Free

■ Monday, February 28
6:00pm - 7:00pm
Online Class

SOCIAL SECURITY PLANNING 101
- Understanding the basics of Social Security
- How to optimize your benefits
- Advantages of applying after full retirement age
- How are your benefits calculated?
- How cost-of-living adjustments affect your Social Security

Instructor: Tyler Wrezinski
Cost: Free

■ Tuesday, April 12
6:00pm - 7:00pm Peoria Campus, Hickory Hall 105

MEDICARE BASICS: WHAT YOU NEED TO KNOW
- Medicare Parts A/B
- Different plans/supplements that are available Individual part coverage
- How to navigate Medicare Part D
- Financial responsibility under Medicare

Instructor: Karson Lueck
Cost: Free

■ Tuesday, March 15
6:00pm - 7:00pm
Online Class

MEDICARE BASICS: WHAT YOU NEED TO KNOW
- Medicare Parts A/B
- Different plans/supplements that are available Individual part coverage
- How to navigate Medicare Part D
- Financial responsibility under Medicare

Instructor: Karson Lueck
Cost: Free

■ Tuesday, April 12
6:00pm - 7:00pm Peoria Campus, Hickory Hall 105

TEN STEPS TO FINANCIAL FREEDOM
- Find your net income
- Calculate expenses and profit
- Set financial goals
- Create a budget
- Shift from credit to cash
- Know the difference between investment and expense

Instructor: Karson Lueck
Cost: Free

■ Tuesday, March 29
6:00pm - 7:00pm
Online Class

FREEDOM + TRUSTS = SECURITY. POWER OF WILLs AND TRUSTs
- Dealing with death and estate taxes
- Wills and trusts
- Probate and your estate
- Choosing an executor
- Lifetime giving exclusion
- Unlimited marital deduction
- Tax-free inheritance

Instructor: Tyler Wrezinski
Cost: Free

■ Tuesday, April 26
6:00pm - 7:00pm Peoria Campus, Hickory Hall 105

icc.edu/cce
**HEALTH**

**MEDITATION FOR SPIRITUAL AWARENESS**

Meditation helps reduce stress, develop productivity, and improve concentration. The emphasis in this class is on finding balance in our lives and, more importantly, spiritual fulfillment. Meditation is simple and can be practiced at home, at school, or at work. We will cover the physical, mental, emotional, and spiritual benefits of meditation. Developing the meditation technique, difficulties with sitting and focusing, and stilling the mind will also be addressed.

**Instructors:** Mary Kay Berjohn, Harold Berjohn, Dr. Prem Bhatia, Suraaj Bhatia

**Cost:** Free

- Thursdays, April 7- April 28
  6:30pm - 7:45pm
  Zoom

**PHARMACY TECHNICIAN certificate**

The Pharmacy Technician course is 12 weeks of classroom instruction for individuals interested in a career as a Pharmacy Technician. This course will give you a solid foundation in the skills necessary for employment as a Pharmacy Technician and will prepare you for the PTCB (Pharmacy Technician Certification Board) exam. Learn about the origin and history of pharmacy, calculating doses, drug regulation and controls, transcribing physician's orders, correct medication packaging, and much more.

**Instructores:** Mary Kay Berjohn, Harold Berjohn, Dr. Prem Bhatia, Suraaj Bhatia

**Cost:** Free

- Thursdays, April 7- April 28
  6:30pm - 7:45pm
  Zoom

**TEACH A COMMUNITY EDUCATION CLASS**

Do you have a special skill? A hobby? Specialized knowledge in a particular area? ICC Community Education would like to share what you know with our community. Increase your connections, make new friends, and learn something new. Popular topic areas are:

- Arts, crafts, and hobbies
- History or human interest
- Household or gardening topics
- Financial topics
- Health
- Technology
- Beer brewing
- Cooking
- Lead a book discussion
- Cars

Contact CommunityEd@icc.edu to pitch a class idea.

**Mondays, March 7 - May 23**

- 6:00pm - 10:00pm

- A final two-hour test prep class will be held on May 30.
- Funding may be available through the Peoria Citizens Committee for Economic Opportunity, Inc. (PCCEO)

**Cost:** $1850

**Location:** Peoria Campus, Hickory Hall

icc.edu/cce
CANNABIS EDUCATIONAL WORKSHOPS

The following workshops, once a month, will help you be more informed about this new industry. Whether you see yourself working in a dispensary or as a cultivator or want to know more about the products and regulations surrounding it, these workshops have something for everyone.

Kelsey Bartlow has a master's degree in Public Health. She is an advocate for medicinal cannabis and has been teaching in the cannabis industry in the Chicagoland area since cannabis was legalized in Illinois. Kelsey also has experience working in the industry as a patient care representative and a dispensary inventory manager. Join her as she helps us all navigate the information around this interesting new industry.

CANNABIS 101

The cannabis industry is growing and includes medicinal and recreational use, distribution, cultivation, and a variety of related issues and business opportunities. The Cannabis 101 course provides an overview of the industry and is a wonderful introduction for both consumers and potential employees. Learn more about the history of cannabis use, basic plant science, various products, and employment possibilities.

Cost: Free

- Tuesday, February 2, Friday, February 4, Tuesday, March 8, 6:30pm - 7:30pm Zoom

OVERVIEW OF THE CANNABIS INDUSTRY

This workshop takes a brief overview of the players and stakeholders within Illinois’ cannabis industry and the supply chain, which also touches on the industry from a federal aspect.

Instructor: Kelsey Bartlow
Cost: Free

- Friday, January 21, 5:00pm - 6:30pm Zoom

OVERVIEW OF THE PRODUCTS

Have you ever wondered how to read a dispensary’s menu? Dive into what Illinois’ cannabis dispensaries have to offer and learn ways to dose and use common products.

Instructor: Kelsey Bartlow
Cost: Free

- Wednesday, February 2, 5:00pm - 6:30pm Zoom

CANNABIS REGULATIONS

Legal cannabis is a highly regulated industry, and Illinois is no exception. Find out who the major regulatory agencies are and the standards they set.

Instructor: Kelsey Bartlow
Cost: Free

- Friday, March 4, 5:00pm - 6:30pm Zoom

DISPENSARY OPERATIONS

If you have ever wondered what a day in the life of a budtender looks like, this workshop is for you. From open to close, dispensaries have many responsibilities that you may not have realized.

Instructor: Kelsey Bartlow
Cost: Free

- Friday, April 8, 5:00pm - 6:30pm Zoom

DISPENSARY CUSTOMER SERVICE

Dispensaries allow you to serve a variety of customers from Gen Z to Boomers. Learn how you can best serve customers, whether they are purchasing recreational or medical products.

Instructor: Kelsey Bartlow
Cost: Free

- Friday, May 6, 5:00pm - 6:30pm Zoom

DISPENSARY AGENT TRAINING

For those interested in entry-level employment as a dispensary agent, please contact CorporateEd@icc.edu to be added to our mailing list to stay up to date on the latest information on upcoming information sessions and courses. Dispensary agent training includes training on dispensary operations, basic cannabis plant science, patient, and product navigation, as well as basic law and regulations. This training will be a much deeper dive into the industry than prior workshops and will help you enhance your resume if the cannabis industry is in your future.

- March/April 2022
ARTIFICIAL INTELLIGENCE: THE REALITY OF ITS IMPACT

Dr. Charles West will share how Artificial Intelligence (AI) is changing the face of technology, business, education, and home life. AI impacts millions of lives now and many millions more in the not-so-distant future. Some jobs will be lost, while new jobs will be created. Lives will be made easier as we will live longer with AI augmentation. You will not want to miss exploring the impact AI innovations have on society now and what exciting possibilities lie ahead.

Instructor: Dr. Chuck West
Cost: Free

Wednesday, February 2
6:00pm - 8:00pm
Peoria Campus, Hickory 105

EFFECTIVE COMMUNICATION

Mastering the art of communication is imperative. From becoming a better listener to becoming confident in public speaking to interpersonal relationships, this course will help improve your skills. Put these techniques to effective use in your personal or professional life.

Our first lesson will explore the different types of communication: verbal versus nonverbal and how to better interact with others using both modes. This lesson will allow you to interact with others through activities, while improving active listening.

Our second lesson will focus on written communication. The focus will be on constructing outlines, developing speeches, and organizing thoughts.

Our third lesson will explore verbal communication and public speaking. We will focus on delivery skills and put our speeches into practice.

Our final lesson will focus on small group communication and the various shared roles. This lesson is intended to identify communication barriers and how they can impact communication or cause confusion. Once we know how to identify them, we will learn strategies to better communicate in group settings.

Instructor: Lexi Zellmer
Cost: $45

Mondays, March 7, 14, 21 & 28
6:30pm - 7:30pm
Peoria Campus, Hickory

SPECIAL INTERESTS

AARP SMART DRIVER

Cars have changed over the years. So have traffic rules, driving conditions, and the roads you travel every day. By taking the AARP Smart Driver Course, you will learn the current rules of the road, defensive driving techniques, and proven safety strategies to help keep you safe while on the road. Completion of this class may quality you for a discount on your driving insurance. Please check with your insurance provider to verify. Must attend full eight hours of training to receive a certificate.

The AARP Fee is $20.00 for AARP members and $25.00 for nonmembers. Bring your membership card, driver's license, and a pen. Must attend full 4 hours both days to qualify for insurance discount required by the state of Illinois. Arrive 20 minutes early for class sign in. Cash or check payable to AARP due at the time of class. Please bring the correct amount if paying by cash. The instructor is a volunteer and is certified by the Illinois Secretary of State.

Instructor: Dr. Bill Gardner
Cost: $20 for AARP members
$25 for Nonmembers

- Wednesday, February 9 & Thursday, February 10
  8:30am - 12:30pm
  Peoria Campus, Hickory Hall 108

- Wednesday, April 6 & Thursday, April 7
  8:30am - 12:30pm
  Peoria Campus, Hickory Hall 108
BLACK HISTORY MONTH
February
YOUR SILENCE WILL NOT PROTECT YOU

Literature as Historical Record and the African American Experience in the 1619 Project -- In this hour-long session, we will explore how literature and other creative endeavors became the default for coping with and, ultimately, the replacement for “historical records,” where our voices and experiences were muted or erased. As indicated by the Audre Lorde quote, “Our collective lack of understanding of our history and persistent silences are what necessitated the creation of the project.”

Instructor: Dr. Lonetta Oliver
Cost: $15

Thursday, February 3
6:00pm - 7:00pm
Peoria Campus, Hickory 108

TRUTH IS STRANGER THAN FICTION

The True Horrors of Black Life and Reclamation of Magic and Mysticism in Lovecraft Country -- This hour-long session will focus on elements of horror, fantasy, and Afro-Futurism in the Matt Ruff novel and limited HBO series Lovecraft Country. We will begin with a brief exploration of how mystical and spiritual elements were removed from the collective Black American memory, and we will end with an understanding of how the novel, series, and other creative pieces have helped us begin to reclaim those experiences.

Instructor: Dr. Lonetta Oliver
Cost: $15

Thursday, February 24
6:00pm - 7:00pm
Peoria Campus, Hickory 108

JOIN ME AS I REVISIT MY FIRST TRIP TO AFRIKA - GHANA!

Ghana is a country rich with culture, art, and meaningful traditions. Learn more about this wealth of history and resources, and the home of Cape Coast. From the W.E.B. Du Bois Memorial Center Museum to the Kakum National Park, the birthplace of Kente and Adinkra awaits you!

Instructor: Arnitria Shaw
Cost: Free

Tuesday, March 9
6:00pm - 7:30pm
Zoom
MICROSOFT OFFICE SERIES

MICROSOFT OUTLOOK (2.5 HOURS)
Learn the tools and features in Outlook that can help you work more effectively and efficiently. This workshop is designed for students looking to learn and understand the features of Microsoft Outlook. By attending this class, attendees will learn how to:

• Set up and customize Outlook
• Tips and tricks to create, send, and manage emails
• Make use of contacts and tasks
• Using the calendar to its full potential

Cost: $59
- Saturday, April 9
  10:00am - 12:30pm
  Peoria Campus, Hickory Hall 105

MICROSOFT EXCEL (2.5 HOURS)
We’ll start with a few sample data sets and learn how to manipulate them in Excel using and learning the following skills:

• Paste Special
• Flash Fill
• Importing CSV files
• Formulas and functions
• Manipulate data across cells
• Data Validation
• Conditional Formatting
• VLookups
• Pivot Tables

Cost: $59
- Saturday, April 9
  10:00am - 12:30pm
  Peoria Campus, Hickory Hall 105

COMPTIA NET+ CERTIFICATION PREP
This course helps students prepare for the CompTIA Network+ certification exam by preparing them to support networks on any platform. Skills you will learn include networking fundamentals, network security, network implementations, network troubleshooting, and network operations.

Instructor: Eric Lind
Cost: $899 (includes exam voucher)
- Tuesdays & Thursdays, March 15 - April 14
  6:00pm - 9:00pm
  Peoria Campus, Hickory Hall
  Online instruction on Thursdays

ANDROID FOR BEGINNERS
If you’ve just picked up your first Android phone or tablet, or you have one you don’t take full advantage of, this is the class for you. Learn the most basic settings, controls, and setup for key elements such as email and apps. This is a hands-on class, so be sure to bring your phone, tablet, or both.

Instructor: Doug Orwig
Cost: $25
- Thursday, March 24
  6:00pm - 8:00pm
  Peoria Campus, Hickory 105

IPAD AND IPHONE FOR BEGINNERS
Geared for the truly novice iPad and iPhone users, this workshop will take you through the most basic settings, controls, and setup for key elements such as email and the App Store. If you’ve had trouble finding the user’s manual for your iPhone or iPad, this is the place to start. Be sure to bring your iPad, iPhone, or both to class.

Instructor: Doug Orwig
Cost: $25
- Thursday, February 10
  6:00pm - 8:00pm
  Peoria Campus, Hickory 105

TIPS AND TRICKS FOR MICROSOFT WORD (1.5 HOURS)
Writing a document in Word is the easy part. This course will teach you tips and tricks to level up your skills with efficiency and productivity in mind.

• Styles, and why to use them
• What can the F keys do for you?
• Spot the difference – compare documents side by side easily
• Reading a 40-page document and cannot remember where you left off?
• Word can read the document to you
• And a handful of other tips and tricks to practice in this hands-on course.

Cost: $39
- Saturday, March 5
  11:00am - 12:30pm
  Peoria Campus, Hickory Hall

icc.edu/cce
SAFETY

OSHA workplace safety courses teach employees how to recognize jobsite hazards, avoid preventable accidents and comply with state and federal safety regulations. These courses are online and taught by the American Safety Council.

10-HOUR OSHA OUTREACH TRAINING FOR GENERAL INDUSTRY

Cost: $79
Online training

30-HOUR OSHA OUTREACH TRAINING FOR GENERAL INDUSTRY

Cost: $179
Online training

Please email CorporateEd@icc.edu if you have other safety needs.

TEACH FOR CORPORATE EDUCATION

We are looking for area business and technology professionals to help provide professional development courses in numerous areas! If you are an expert in your field of work and would like to share your knowledge and experience with others, please contact CorporateEd@icc.edu.

Areas of specific interest:

- Human resources
- Employability skills
- Computer certifications
- Microsoft applications
- Google
- Programming languages
- Business and finance
- OSHA and other safety topics
- Technical skills
- Social media
- Leadership
- Cannabis industry
- Health care
- Mental health
- Six Sigma
- DiSC
CIVILITY IN THE WORKPLACE

While a training program on workplace manners and courtesy may seem like overkill, the reality is: rudeness is an epidemic costing industries millions per year. Indeed, what society seems to be gaining in terms of both knowledge and technological advancement, it is losing out on basic social values that directly impact the bottom line.

To address the growing problem of incivility in the work setting, this workshop introduces the concept of civility, its importance to a company, as well as its typical causes and effects. Skills needed to effectively practice civil behavior, as well as different ways organizations can systematize civility in the workplace will also be discussed. The benefits to Civility In The Workplace are countless and will pay off immensely in every aspect of your job.

Instructor: TBD  
Cost: $69  
Tuesday, February 15  
2:00pm - 4:30pm  
Peoria Campus, Hickory Hall

EMOTIONAL INTELLIGENCE

Emotional Intelligence describes the ability to understand one’s own feelings, and that of groups, and how these emotions can influence motivation and behavior. The concept of Emotional Intelligence has been around since at least the 1900s, but the term was first introduced by Wayne Payne in 1985.

As a result of the growing acknowledgment by professionals of the importance and relevance of emotions to work outcomes, the research on the topic continued to gain momentum, but it wasn’t until the publication of Daniel Goleman’s bestseller Emotional Intelligence: Why It Can Matter More Than IQ that the term became widely accepted by mainstream media.

Instructor: TBD  
Cost: $69  
Tuesday, March 22  
2:00 pm – 4:30 pm  
Peoria Campus, Hickory Hall

CONFLICT RESOLUTION

Wherever two or more people come together, there is bound to be conflict. This course will give you a seven-step conflict resolution process that you can use and modify to resolve conflict disputes of any size. You will also be provided with a set of skills in solution building and finding common ground.

In the Conflict Resolution workshop, you will learn crucial conflict management skills, including dealing with anger and using the Agreement Frame. Dealing with conflict is important for every organization no matter what size. If it is left unchecked or not resolved it can lead to lost production, absences, attrition, and even lawsuits.

Instructor: TBD  
Cost: $69  
Tuesday, February 8  
2:00pm - 4:30pm  
Peoria Campus, Hickory Hall

MEETING MANAGEMENT

This workshop is designed to give you the basic tools needed to initiate and manage your meetings. You will learn planning and leading techniques that will give you the confidence to run a meeting that will engage the attendees and leave a positive and lasting impression. Through this workshop, you will learn the needed skills in planning and implementing a successful meeting.

The Meeting Management workshop will explore how to reduce waste and make meetings more efficient. This is a hands-on workshop, and your participation will help make it a valuable experience. Use this time to begin the process of developing your skills along with other participants who share the same desire to improve their meeting management skills.

Instructor: TBD  
Cost: $69  
Tuesday, April 19  
2:00 pm – 4:30 pm  
Peoria Campus, Hickory Hall

I’VE DECIDED TO SUCCEED NO MATTER WHAT

Join Kim Martin, motivational speaker and entrepreneur, as she powerfully explains how the journey to success starts with one simple decision and the realization that achieving goals is like putting together a unique puzzle -- you just need the right pieces and the know-how to put them together. If you’re looking to make 2022 one of the best years of your life, you won’t want to miss this workshop.

Instructor: Kim Martin  
Cost: $10  
Wednesday, March 16  
7:00pm - 8:00pm  
Zoom
PROFESSIONAL DEVELOPMENT
for young professionals

LUNCH AND LEARN FOR YOUNG PROFESSIONALS

Corporate Education is offering lunchtime professional development sessions. Each topic will give you practical information and actions that you can use in your job right away. These lunch-and-learn webinars are a wonderful way to update your skills and learn something new without ever leaving your office space.

The webinars will be held once a month on Wednesdays via Zoom and are only $20 each.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Topic</th>
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<tbody>
<tr>
<td>January 12</td>
<td>12:00 - 1:30 pm</td>
<td>Personal Branding</td>
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<tr>
<td>February 9</td>
<td>12:00 - 1:30 pm</td>
<td>Goal Setting and Getting Things Done</td>
</tr>
<tr>
<td>March 16</td>
<td>12:00 - 1:30 pm</td>
<td>Emotional Intelligence at Work</td>
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<tr>
<td>April 13</td>
<td>12:00 - 1:30 pm</td>
<td>Delivering Constructive Criticism</td>
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<tr>
<td>May 11</td>
<td>12:00 - 1:30 pm</td>
<td>Work-Life Balance</td>
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</tbody>
</table>

YOUNG PROFESSIONALS - SUCCESS THROUGH YOUR STRENGTHS

Sign up for this interactive, personal development experience where you will gain knowledge, understanding, and appreciation of your natural talents. Understanding your unique talents and how you can use them unlocks your potential and forms a foundation for living your life more intentionally. This intention will lead you to greater satisfaction and success. The 90-minute workshop includes instruction and class discussion, interspersed with personal reflection time.

The GALLUP® CliftonStrengths® 34 report is the foundation for this course. You will need to have your personal CliftonStrengths® 34 Report for reference during the workshop. If you haven’t taken the online assessment, you will need to take it prior to class. It takes approximately 45 minutes to complete, and you will have access to your personalized results immediately. You can choose one of the following assessment statuses:

- I have taken the assessment and I have my reports with the full list of 34 strengths. Cost of the class is only $45.00
- I have taken the assessment, but I only have my top 5 strengths. Cost of the class is $45, plus the cost to unlock your full 34 Strengths $39.99*
- I have not taken the assessment. Cost of the class is $45 + cost of full assessment $49.99*
- I am not sure if I’ve taken the assessment. Cost of the class is $45 & the instructor will contact you to help figure out what assessment is needed.

*The assessment costs are direct costs from GALLUP®. The instructor will contact you with the link and instructions for taking the assessment.

Thursday, February 3, 12:00pm - 1:30pm, Lunch and Learn, Zoom
Thursday, February 3, 6:00pm - 7:30pm, Zoom
Tuesday, April 5, 6:00pm - 7:30pm, Peoria campus, Hickory Hall

Call 309-690-6900 or email CorporateEd@icc.edu to register.
WHAT SHOULD I MAJOR IN? DETERMINE YOUR CAREER COURSE (AGE 14 AND OLDER)

Did you know that every course of study and every occupation uses specific abilities? Therefore, finding the learning and work environment in which you will be most satisfied and successful is dependent on knowing your unique pattern of abilities. Unlike interest inventories and standardized testing, this course will measure your natural aptitudes, which do not change throughout life, using the Highlands Ability Battery (HAB). Together, we will assess your strengths to explore career matches, college majors, and training programs. Each participant will develop a personalized path for success in a fun, interactive, and hands-on environment.

Instructor: Annie Bell, Dream of Monday Career Direction Professional

Cost: $130

□ Thursdays, April 7, 14 and 28
   6:00pm - 7:30pm
   Zoom class

Benefits:
• Abilities are measured objectively (3-hour test battery)
• 30+ pages of personalized reports will be navigated with a career expert
• Feel confident communicating your strengths
• Understand the “why” behind your behaviors and motives
• Identify the future learning environment in which you will thrive AND improve current school performance
• Results are strengths focused. No one can fail.

Visit DreamofMonday.com for more information.

ICC IS THE SMART CHOICE TO HELP YOUR STUDENT PREPARE FOR COLLEGE

Do you have questions about your future college plans? Regardless of choice in schools, ICC can help you understand what to look for in a school, how to get information about majors or programs that will get your students a great future job, and how you will afford it all. Sign up for one or more of the sessions below to learn more.

HOW TO HELP YOUR STUDENTS FIND THE RIGHT COLLEGE

Struggling to help your student decide on a college? Let us help you understand what to look for in the right institution and make school comparisons. Start now and we can guide you in the search and make the right decision for you, your student, and the family.

Cost: $20

□ Tuesday, February 8
   6:00pm - 7:30pm
   Zoom
   or
   Tuesday, April 5
   6:00pm - 7:30pm
   Peoria campus, Hickory Hall or Zoom

MAKE THE TRANSITION FROM HIGH SCHOOL TO COLLEGE

There are bound to be questions for both you and your student regarding the expectations of going to college. Is your student ready? Can your student handle adult responsibilities? What if your student experiences obstacles or problems while away from home? Let us help you answer these many questions so that when your student leaves home, you can be confident that they are ready.

Cost: $20

□ Tuesday, February 15
   6:00pm - 7:30pm
   Zoom
   or
   Tuesday, April 12
   6:00pm - 7:30pm
   Peoria campus, Hickory Hall or Zoom

HOW WILL WE PAY FOR COLLEGE?

Planning for the costs of college can be intimidating but it does not have to be. Let ICC staff help inform you of the strategies and resources that are available to help assist you. We can help you plan for your student’s academic future, from tax strategies to navigating financial aid resources.

Cost $20

□ Tuesday, February 22
   6:00pm - 7:30pm
   Zoom class
   or
   Tuesday, April 19
   6:00pm - 7:30pm
   Peoria campus, Hickory Hall
One Book, One College is a year-long, interdisciplinary program engaging the ICC community through the reading and discussion of a shared book, and fostering interdisciplinary relationships through a shared reading experience.

**2021-2022 One Book, One College Selection:**

One of Us is Lying by Karen M. McManus

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### BUSINESS

**ENTREPRENEURSHIP CERTIFICATE**

Do you want to start your own business? Be your own boss? Do you have a great idea and just need to know how to get started? This certificate will be taught in six evening sessions that will help you answer your questions and give you the basics to starting up your own business enterprise.

**Topics covered are:**

**Session 1:** Starting Your Business and Ingredients for Success

**Session 2:** Ideation Positioning and Branding

**Session 3:** Product/Market Fit

**Session 4:** Commercialization - Pricing Your Product/Service

**Session 5:** Launching Your Business

**Session 6:** Operations

**Instructor:** Phil Lockwood

**Cost:** $299

- Wednesdays, March 9 - April 13
  - 6:00pm - 9:00pm
  - Peoria Campus, Hickory Hall

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### CREATE A SMALL BUSINESS WEBSITE WITHOUT ANY HTML KNOWLEDGE

In this class, you will…

Discover the pros and cons of easy-to-build web builders (e.g., Weebly, Wix, Kajabi) and select the one that suits your needs.

Learn design choices for the type of business site you need (products, services, informational, etc.) and select a template for your website.

Create your home page and up to four additional pages.

Learn how to accept payments for goods and/or services.

Integrate social media apps with your website to push content out.

**Cost:** $69

- Saturday, April 16
  - 9:30am - 12:30pm
  - Peoria Campus, Hickory Hall

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For more information, visit [icc.edu/cce](https://campusce.icc.edu/youth/course/course.aspx?catId=323)
ILLINOIS CENTRAL COLLEGE MUSIC ACADEMY

Stayed Tuned - The ICC Music Academy (ICCMA) will go live in the fall of 2022. Children ages 5-18 will enjoy private lessons, ensemble experiences, recitals, and access to performances in a safe environment on the beautiful ICC East Peoria campus. Adult music workshops and classes are also in the works. For details on dates, times, registration requirements, curriculum, and tuition, plan to attend the ICC Music Academy Open House during the month of June.

PEORIA ART GUILD

Peoria Art Guild takes pride in offering a wide array of classes for all ages in a variety of media. This spring they’ll be offering Pottery Series, Kids Clay Hand-building, Introduction to Photography, Creative Arts Discovery Club, Lighting for Photography, and more.

KIDS CLAY HANDBUILDING
January 8 - 29

CREATIVE ARTS DISCOVERY CLUB
January 5 - February 9
February 23 - March 30

6-WEEK POTTERY SERIES
January 4 - February 8
January 5 - February 9
January 6 - February 10

INTRODUCTION TO PHOTOGRAPHY
January 20 - February 24
March 31 - May 5

Visit Peoriaartguild.org/currentclasses for the class schedule.

peoriaartguild.org
ATTENTION REGIONAL EMPLOYERS

Illinois Central College and the Regional Workforce Alliance are pleased to announce the Greater Peoria Essential Abilities and Knowledge (GPEAK) certification system. Over 85 community members collaborated on this project to develop a regional approach for assessing and validating essential skills needed in the workplace. The GPEAK badging and certification system is housed within Illinois workNet. Thanks to our generous partners, GPEAK is a free and open resource for companies and organizations in our region. Become a GPEAK site or learn how to hire GPEAK badge earners. Complete the interest form at icc.edu/GPEAK.

icc.edu/gpeak

FREE MOTORCYCLE SKILLS TRAINING

This program is administered by the Illinois Department of Transportation, Division of Traffic Safety. Illinois Central College and local community agencies sponsor this program as a public service. Classes are offered for both beginner and experienced riders and are held at multiple locations throughout Illinois.

Enrollment for spring 2022 Classes begin mid February.

REGISTRATION/QUESTIONS:
icc.edu/motorcycle
motorcyclehelp@cce.icc.edu
800-252-3348

icc.edu/motorcycle
TRUCK DRIVER TRAINING

The ICC Truck Driver Training program is for beginning drivers or those with minimal commercial driving experience. The ICC program works with several trucking companies that often “pre-hire” students while they’re in training. It’s not unusual for students to begin work a week after training.

This course provides detailed information for truck drivers on DOT rules and regulations, endorsement preparation, logbook protocol, map reading, and trip planning. After a complete training on an 8-wheeler, you’ll take the Illinois Secretary of State’s Class A road test at the end of the course.

FULL-TIME CLASS DATES

<table>
<thead>
<tr>
<th>START DATE</th>
<th>FINISH DATE</th>
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<tbody>
<tr>
<td>January 18</td>
<td>February 14</td>
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<td>February 7</td>
<td>March 4</td>
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<td>February 28</td>
<td>March 25</td>
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<td>March 21</td>
<td>April 15</td>
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<td>April 11</td>
<td>May 11</td>
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Monday – Friday | 8:00 a.m. – 4:30 p.m.  
Illinois Central College  
East Peoria Campus, Dirksen Hall
The new facility on the ICC East Peoria campus will help build a credentialed workforce by offering pre-apprenticeship and entry-level training in the 13 programs most essential to workforce development and manufacturing in Central Illinois.
APPLY NOW FOR 2022-2023 ICC SCHOLARSHIPS

The ICC Educational Foundation awards over $900,000 in scholarships each year to deserving ICC students.

Scholarship application opens October 1 and closes on March 1 every year.

Complete just 1 application to be considered for 600+ scholarships.

icc.edu/scholarships

REGISTER NOW for spring classes
SEMESTER BEGINS JAN. 18

When I lost my job, I took that opportunity to go back to school and better myself. Earning my degree really means a lot to me and now I know I can do anything.

Jacquelyn
NURSING ASSISTANT | PEORIA, IL
Acquire

A HIGH QUALITY EDUCATION.

• Our students who transfer to a four-year institution are more likely to graduate with a higher GPA than those who start at a four-year institution.

• Our instructors are professional educators. They focus on you and not just research. They can translate the academic theory into real-world experiences.

• You’ll be prepared for your next move. Whether you are going into the workforce or pursuing a higher degree – you’ll be ready.

Ensure

YOUR FUTURE FINANCIAL SECURITY BECAUSE OF OUR EXCEPTIONAL VALUE.

• For ¼ the cost of a four-year school, and even less when compared to private schools, you receive the education you need to achieve your dreams.

• The affordable cost of ICC allows you to start your career without the burden of student loans.

• Use the money you save to further your education, buy a car, or put a down payment on a house.

• With lower costs, payment plans, and over 600 ICC scholarships available, you can achieve your goals with little to no debt.

Attain

A CREDENTIAL PROVIDING A PATHWAY TO A LIVING WAGE.

• There are over 150 programs available with flexible scheduling to fit your needs.

• The curriculum is aligned with industry requirements.

• An ICC credential gives you the career readiness to provide for you and your family.

• You will be an important part of strengthening our community.
Agriculture, Food & Natural Resources
Agriculture
Diesel Powered Equipment Technology (DPET)
Dietetics
Horticulture: Turfgrass/Landscaping

Architecture & Construction
Architecture/Construction
Commercial Refrigeration
Home Performance
HVAC Technology

Arts, A/V Technology & Communications
Art
Communication/Public Relations
Dance
English
Foreign Language
Graphic Communications: Print/Digital
Graphic Design/Multimedia
Interior Design
Mass Communication/Journalism
Music
Theatre

Business Management & Administration
Actuarial Science
Business Administration
Business: Office/Management
Economics
International Business
Music: Industry/Business

Education & Training
Education: Elementary/Secondary
Education: Special/Early Childhood
Family and Consumer Sciences
Fitness Trainer
Interpreter Preparation
Library Technical
Physical Education

Finance
Accounting

Government & Public Administration
Political Science
Social Work

Health Science
Central Supply Services
Dental Hygienist
EMT/Paramedic
Health Information Technology
Medical Assistant
Medical Laboratory Technician
Medical: Office/Coder
Nursing: CNA/LPN/RN
Occupational Therapy Assistant
Phlebotomist
Physical Therapist Assistant
Radiographer
Respiratory Therapist
Surgical Technologist

Hospitality & Tourism
Culinary Arts
Restaurant Management

Human Services
Drug and Alcohol Counselor Training
Early Childhood Education: Basic/Advanced
Geography
History
International Studies
Liberal Arts
Philosophy
Psychology
Sociology

Information Technology
Cisco Certified Networking
Computer Information Systems
Computer Networking & Administration
Computer Programming
Secure Software Development
Web Systems & Development

Law, Public Safety, Corrections & Security
9-1-1 Services
Criminal Justice
Fire Science Technology
Law Enforcement
Paralegal
Pre-Law

Manufacturing
CNC Machining
Industrial Maintenance Technology
Machine Tool Technology
Manufacturing Engineering Technology
Mechanical Engineering Technology
Welding Technology

Science, Technology, Engineering & Mathematics
Biology
Chemistry
Engineering
Environmental Science
Geology
Mathematics
Meteorology
Physics
Pre-Chiropractic
Pre-Med/Pre-Dental
Pre-Pharmacy
Pre-Physical Therapy
Pre-Veterinary
Statistics

Transportation, Distribution & Logistics
Automotive Technology
Caterpillar Dealer
Service Technology (CATTK)
General Motors Automotive
Service Educational Program (GM ASEP)
Supply Chain Management
Truck Driver Training

Undecided
We can work with you to match your interests and abilities with a program of study. Visit: icc.edu/careercoach to learn more.
“THROUGH LEARNING, MINDS CHANGE.
WE BELIEVE BY CHANGING MINDS,
WE CAN CHANGE THE WORLD.”

309-690-6900 | CommunityEd@icc.edu