



GLOW PARTY

Celebrate Halloween early with ICC Fitness Center!

Costumes are welcome and encouraged at our Glow Party: a dance-cardio celebration combining Zumba and POUND into a 90 minute fun-filled workout featuring black lights, costumes, and more!

The Party starts at 7:00PM on Thursday October 24th!

Dance the night away with us!

LET'S GLOW!!

