Return to Work or School
GUIDELINES AFTER A COVID-19 RELATED ABSENCE

**CLOSE CONTACT**
with someone who tested positive or is suspected of having COVID-19

MAY RETURN AFTER
14-day quarantine from date of last contact with individual

**TESTED POSITIVE**
or is suspected of having COVID-19 and exhibited SYMPTOMS

MAY RETURN AFTER
• At least 10 days have passed since symptom onset
  - AND -
  • At least 24 hours have passed since resolution of fever and improvement of other symptoms

**TESTED POSITIVE**
for COVID-19 but exhibited NO SYMPTOMS

MAY RETURN AFTER
At least 10 days have passed since date of first positive test

**EXHIBITS SYMPTOMS**
but is not suspected of having COVID-19

Symptoms may include seasonal allergies, ear infection, seasonal flu, strep throat, migraine, etc.

MAY BE POSSIBLE TO RETURN
• In fewer than 10 days after onset of symptoms and 24 hours without fever.
  - AND -
  • Evidence of alternative reason for symptoms and/or doctor release to return to work/school

**RETURN FROM INTERNATIONAL TRAVEL**

MAY RETURN AFTER
14-day quarantine from date of return from trip

**FOR ALL SITUATIONS:**
A return to work/school based on release from a health care provider would also be valid.

Follow any updated guidance from CDD, IDPH, or local health department.

*Test-Based Strategies: Per CDC and IDPH, these strategies are no longer recommended in the majority of cases except for severely immunocompromised individuals or to discontinue isolation protocols sooner than under the symptom or time-based strategies. Consult with local health department.*