Return to Work or School
GUIDELINES AFTER A COVID-19 RELATED ABSENCE

CLOSE CONTACT with someone who tested positive or is suspected of having COVID-19

- MAY RETURN AFTER 14-day quarantine from date of last contact with individual
- OR 10 days without a test OR 7 days with a negative test on day 6 or 7, with Health Department approval.
- OR negative test done on day 3-5, if vaccinated.

TESTED POSITIVE or is suspected of having COVID-19 and exhibited SYMPTOMS

- MAY RETURN AFTER
  - At least 10 days have passed since symptom onset
  - OR at least 24 hours have passed since resolution of fever and improvement of other symptoms

TESTED POSITIVE for COVID-19 but exhibited NO SYMPTOMS

- MAY RETURN AFTER
  - At least 10 days have passed since date of first positive test
  - Time-Based Strategy

EXHIBITS SYMPTOMS but is not suspected of having COVID-19

- Symptoms may include seasonal allergies, ear infection, seasonal flu, strep throat, migraine, etc.
- MAY BE POSSIBLE TO RETURN
  - In fewer than 10 days after onset of symptoms and 24 hours without fever.
  - OR Evidence of alternative reason for symptoms and/or doctor release to return to work/school

Returns from INTERNATIONAL TRAVEL

- MAY RETURN AFTER 14-day quarantine from date of return from trip

FOR ALL SITUATIONS:
A return to work/school based on release from a health care provider would also be valid.

Follow any updated guidance from CDC, IDPH, or local health department.

* Test-Based Strategies: Per CDC and IDPH, these strategies are no longer recommended in the majority of cases except for severely immunocompromised individuals or to discontinue isolation protocols sooner than under the symptom or time-based strategies. Consult with local health department.